

FAMILY CHECKLIST

AI & ONLINE SAFETY

SIMPLE STEPS FOR A **SAFER, SMARTER** DIGITAL LIFE.

**SAME
SKILLS.
SAFER
FAMILIES.**



1

SECURE DEVICES



- ☐ Turn on MFA or passkeys
- ☐ Keep devices and apps updated

2

THINK BEFORE YOU SHARE



- ☐ Be mindful of what you post
- ☐ Avoid sharing sensitive info (location, school, travel, etc.)

3

VERIFY WHAT YOU SEE



- ☐ Check the source
- ☐ Look for signs of AI-generated content
- ☐ Don't share just because it looks real

4

PROTECT YOUR ACCOUNTS



- ☐ Use strong, unique passwords
- ☐ Review account recovery options
- ☐ Check for unusual activity

5

RESPECT OTHERS



- ☐ Get consent before sharing others' photos or information
- ☐ Think about how your post could affect someone else

6

USE AI RESPONSIBLY



- ☐ Use AI as a tool, not a replacement for your thinking
- ☐ Don't share personal, sensitive or school information with AI tools

7

LOOK OUT FOR EACH OTHER



- ☐ Talk to a trusted adult if something feels off
- ☐ Report scams, impersonation or harmful content

8

BE A POSITIVE DIGITAL CITIZEN



- ☐ Be kind online
- ☐ Respect different views
- ☐ Help keep your school and community safer

**YOUR BEST
CYBERSECURITY TOOL
ISN'T AN APP.**

**IT'S THE MOMENT YOU DECIDE
TO STOP AND THINK.**

LEARN MORE AT
READYSETCYBER.CA



**SMART
PEOPLE
PAUSE.**

